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## **Sudafed Congestion Relief 0.1% Nasal Spray (Xylometazoline Hydrochloride 1 mg /1ml) Product Information**

### **Presentation:**

Nasal Spray Solution.

### **Uses:**

For the symptomatic relief of nasal congestion associated with the common cold, influenza, sinusitis, allergic and non-allergic rhinitis, and other upper respiratory tract allergies.

### **Dosage:**

*Adults and children 12 years and over:* One spray to be expressed into each nostril 2-3 times daily, as necessary. Maximum daily dose: 3 sprays in 24 hours. This product is not recommended for children under 12 years of age.

### **Contraindications:**

Hypersensitivity to Xylometazoline Hydrochloride, individuals who are taking or have taken monoamine oxidase inhibitors within the preceding two weeks and individuals with hypophysectomy or surgery exposing dura mater.

### **Precautions:**

Use with caution in patients suffering coronary artery disease, hypertension, hyperthyroidism or diabetes mellitus. Prolonged treatment may lead to reactive hyperemia of the nasal mucosa, patients with long QT syndrome.

### **Pregnancy and Lactation:**

Consult doctor before use.

### **Side effects:**

Not Known: burning sensation mucosal, nasal discomfort, nasal dryness, nasal pruritus, rhinalgia, sneezing, rebound congestion. Uncommon: Epistaxis. Rare: nausea and headache.

**RRP (ex VAT):** £5.22

**Legal category:** GSL

**PL Holder:** McNeil Products Ltd, 50-100 Holmers Farm Way, High Wycombe, HP12 4EG, UK

**PL Number:** PL 15513/0368

**Date of prep:** 23<sup>rd</sup> June 2021